



A Workshop Rotation Model Lesson Plan from rfour.org

Jesus Walks on Water | Matthew 14:22-33

Season 1.Session 3: Movement & Games, Arts & Crafts, Science

OVERVIEW SECTION

How to Read This Lesson Plan

The **Overview Section** is the foundation of this lesson plan. The questions and activities for the class that you will be teaching on Sunday morning have been based (sometimes loosely) upon what you read in this section. The **Overview Section** is composed of five components (each component is underlined in the lesson plan):

How to Read This Lesson Plan (defines all components of the lesson plan)

Purpose of Sunday Morning Spiritual Formation (a reminder of why we do this)

Scripture(s) for the Session (a reminder that the scripture is to be read in every class)

Key Verses & Theology (background for teachers to ponder)

Themes to Focus on from the Scripture (the ideas that the session's lessons are based on)

The actual lesson is found in the second section, **The Sunday Morning Experience Section**. Think of this section as the step-by-step instruction guide to your Sunday morning teaching experience. There are four components to this section (again, each component is underlined in the actual lesson plan):

Preparation (including supplies needed)

Classroom Statement (a brief explanation of what will be taught/happening in the classroom)

Step-by-step process of the lesson (including the scripture to be read)

Suggested variations for age groups (Self-explanatory but not always applicable)

We encourage you to read the rest of this **Overview Section** before reading the **Sunday Morning Experience Section**.

Purpose of Sunday Morning Spiritual Formation

The purpose of Sunday Morning Spiritual Formation is, with God's help and in community, to hear and interact with the stories of our faith tradition, to pray, worship and play together, and to equip and support the building of relationships with God and with each other.

Scripture(s) for the Session: Matthew 14:22-33

Please READ this aloud in every class you teach. The actual words to the scripture can be found in **The Sunday Morning Experience Section: Step-by-Step process of the lesson**. When

reading to the class, please read it from the lesson plan (not an actual Bible) as the wording of the scripture has been modified to help clarify some language issues.

Key Verses & Theology: These are provided to help the teachers think about and build a framework for understanding the story to help in answering some of the questions that the students might raise in class.

23 And after he had dismissed the crowds, he went up the mountain by himself to pray Jesus had been busy. He had been teaching and healing. And now one might think he might want to sleep or relax. But instead Jesus goes to pray. Jesus' teaching and healing doesn't just happen. It's given to him. And in order to receive what is being offered to him, he has to choose to stay focused on and open to God. Jesus has to pray before he walks on the water.

30 But when Peter noticed the strong wind and the waves, he became frightened, and beginning to sink, he cried out, "Lord, save me!" What's amazing about this story is that Peter doesn't notice the strong wind and waves *earlier*. This scene reminds me a little bit of Wile E. Coyote when he's chasing the Roadrunner across gaps in the road. Wile E. Coyote is oblivious until it's too late, but he doesn't know that it's too late until he looks down. That's when he falls – when he looks down. So it is with Peter. Once he realizes what's actually happening, then he starts to sink.

Last session we talked about the water as a symbol of chaos. As long as Peter is looking to Jesus, then Peter is ok. But once he starts to notice the chaos around him, then he sinks into it. At first he was paying attention to his teacher, giving his teacher authority by being obedient (following Jesus' command). However, Peter gets caught up in the chaos and then gives the chaos his attention. What we give our attention to is what we allow to have authority over us. Peter gives the chaos authority and it starts to swallow him.

31 Jesus immediately reached out his hand and caught Peter, saying to him, "You of little faith, why did you doubt?" Getting swallowed by chaos is not an uncommon event. The Good News is that if we are seeking God, God will send someone to put out their hand. In this case, Jesus, the "above-chaos walker" is there to "immediately" reach out and catch Peter. Jesus lets Peter fail, but that doesn't mean Jesus lets him die. Failure becomes a reminder that we've let chaos overtake our attention and that we need to re-focus on the way that Jesus shows us.

Themes to Focus on from the Scripture: Themes are provided to help teachers understand the teaching of the *session* (not necessarily the class). Sometimes an activity in one class may not match up with any of the themes.

Immediately: This word shows up twice in this story. In verses 27 and 31. Jesus immediately responds to the disciples. When they cry out, he responds. He is close by. He does not delay. There are however, levels of Jesus' immediacy. In verse 27, Jesus doesn't act on or change anything. Instead, he talks and reassures. In verse 31, Jesus acts. He reaches out and catches Peter. But in both instances, Jesus is at the ready. The disciples are not alone and Jesus chooses to act in a way that reminds them of this. In verse 32, it says the disciples were saying, "Truly you are the Son of God." As the son of God, Jesus is displaying a characteristic of God: That God is always at hand. God is with us in an immediate way.

Authority: Someone who we give authority to is someone we give power to. This means we place trust in this person. Peter in this story gives power to Jesus (places trust in Jesus) and so Jesus commands Peter to come out and walk on the water. Once Peter in walking on the water then he gets distracted by the strong wind and waves. This distraction keeps him from choosing one authority over the other, so he sinks into the distraction and chaos. He is no longer walking on top of the chaos and he is not drowning in it either, just sinking in.

Fear/doubt: But then Peter starts paying attention to the strong wind and the big waves (verse 30). Peter gets distracted. And in his distraction, he gives the wind and the waves authority. This then makes him afraid, because the wind and the waves are a threat to Peter. In his fear, Peter begins to sink. But Peter cries out, and Jesus' immediacy makes clear to Peter who the authority is, and once they're in the boat, everyone is naming this authority they've seen and they say that Jesus "is the Son of God."

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THE SUNDAY MORNING EXPERIENCE SECTION

Preparation

- Print out this lesson plan and bring it with you on the Sunday Mornings you are teaching
- Arrive at pre-arranged time to join other teachers, shepherds and staff for an opening prayer.
- Supplies Needed: copies of template, scissors, glue, crayons, colored pencils, blue-colored construction paper, drinking straw and masking tape.

Classroom Statement

This Arts & Crafts class consists of the reading of the story of Jesus walking on water and then a craft that “re-creates” the scene of Jesus walking on the water and allows for some movement of the Jesus character.

Step-by-Step Process of Lesson

Shepherd comes in with students

SHEPHERD ASKS “Question of the Day.”

INTRODUCE yourself

Hi, my name is ____ and I want you call me (tell the students how they may address you).

PRAY (Short and simple is perfect)

God, thank you for this day and for each other. We need your help. Help us to learn about you this day. Amen.

TELL

- In the story we’re going to read, Peter walks on water and then doesn’t walk on water.
- As I read the story to you, listen for what Peter does that causes him to start sinking.

READ Matthew 14

22 Immediately after feeding the 5000 Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. 23 And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, 24 but by this time the boat, battered by the waves, was far from the land, for the wind was against them. 25 And early in the morning he came walking toward them on the sea. 26 But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. 27 But immediately Jesus

spoke to them and said, "Take heart, it is I; do not be afraid." 28 Peter answered him, "Lord, if it is you, command me to come to you on the water." 29 He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. 30 But when he noticed the strong wind and the waves, he became frightened, and beginning to sink, he cried out, "Lord, save me!" 31 Jesus immediately reached out his hand and caught Peter, saying to him, "You of little faith, why did you doubt?" 32 When they got into the boat, the wind ceased. 33 And those in the boat worshiped him, saying, "Truly you are the Son of God."

ASK

- So what did Peter see that caused him to sink? (wind and waves)
- What do you think Peter should've looked at if he wanted to stay afloat? (Jesus)

TELL

- We're going to do a craft where we make a picture of Jesus walking on water.
- And in that picture, we'll be able to move Jesus back and forth so that it looks like he's actually walking.
- And in the top left corner, we'll have a reminder to do what Peter forgot to do in the story: Remember to keep looking at Jesus, even when there are other things trying to get our attention.

EXPLAIN & DO Craft Activity



Actual Craft and templates from: <http://www.dltk-bible.com/crafts/mjesusonwater.htm>

Directions:

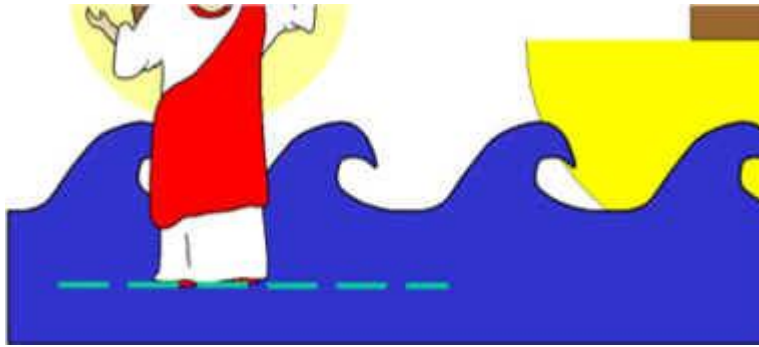
- Color pieces in template as appropriate.
- Cut out the template pieces. For younger children, there's a circle shape behind Jesus' head and arms to make it easier for them to cut out.

INSTRUCTIONS - TEMPLATE 2 (the boat):

- Cut out the pieces along the SOLID lines
- Fold the shapes in half.
- Glue the shapes closed

INSTRUCTIONS - COMPLETING THE PICTURE:

- Glue the "Keep Your Eyes on Jesus" cloud to the top left corner of the blue construction paper
- Glue the larger strip of waves to the bottom of the paper.
- Assemble the boat on the bottom right corner of the paper, so it sits in the waves:
 - The half circle is the body of the boat
 - The rectangle is the mast
 - The two rectangles are the sails
- **OPTIONAL:** To make Jesus a puppet that can walk on the water:
 - Cut a slit in the paper about 3 inches long, about 1" from the bottom of the page
 - Tape a drinking straw onto the back of the Jesus figure
 - Slip the straw through the slit. Once we glue the second waves over top, the Jesus figure will be able to walk along the water.
 - Put a rolled up piece of masking tape on the back of the project, under the drinking straw, to hold it in place when you aren't using it as a puppet.
 - You can trim the straw a bit shorter if you like.



the dashed line shows where you would cut the slit in the paper.

- Glue the second set of waves over top, so it's lined up with the bottom. Just put the glue in a thin line on the very bottom of this piece so you don't glue over the puppet slit.



the glue would go along the blue line in the image above

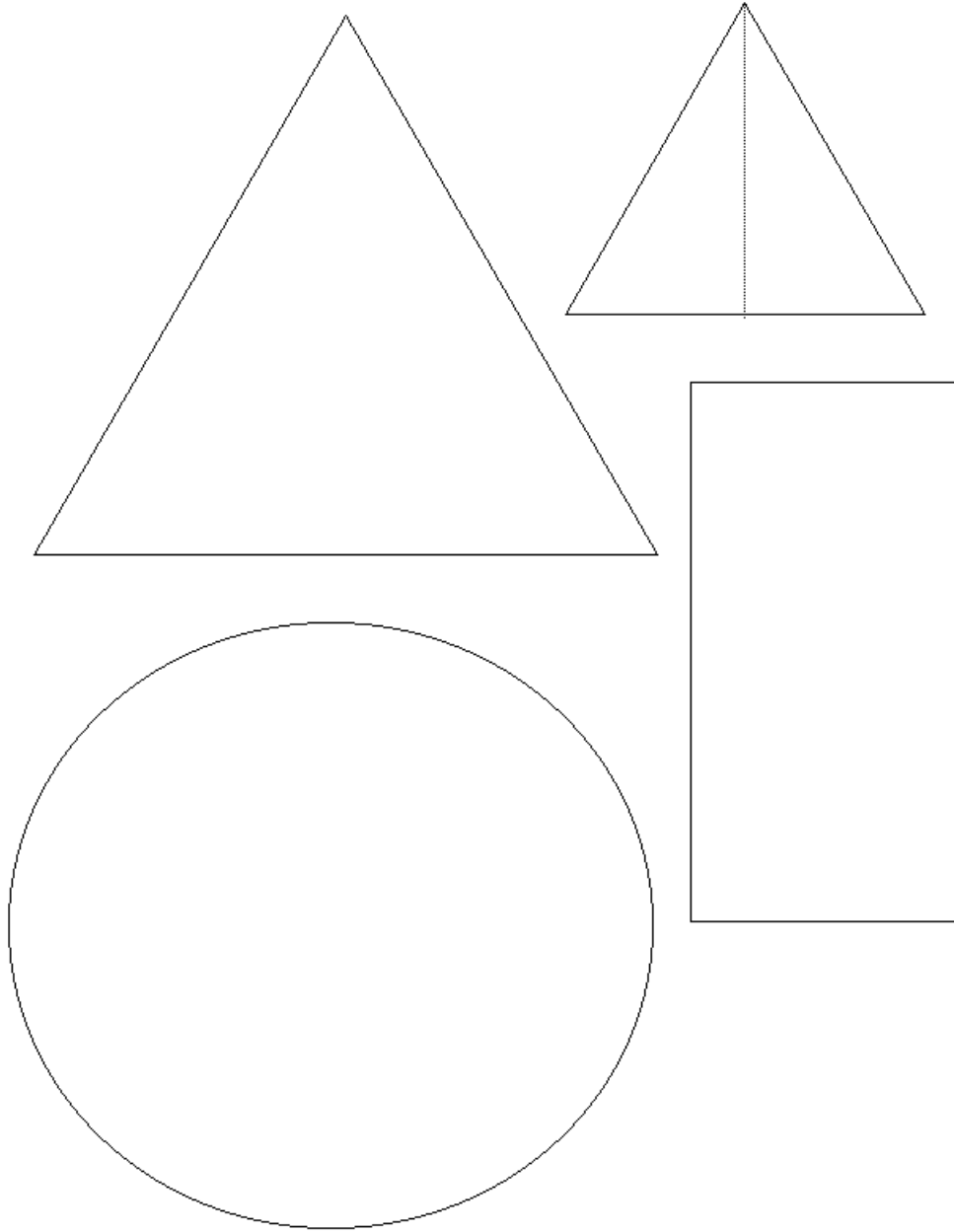
CLEAN UP

DISMISS

Young children will find it easier to cut around Jesus' halo than cutting out his arms.



Jesus Walks on Water
Template 1 of 2



Fold each piece in half and construct a sailboat