



## Transfiguration Handout

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**Session Theme:** God & Our Attention

**Activity:** One-Minute Mysteries

**Scripture Story:** *Mark 9:1-8 (from The Message)*

**Demonstration:** "The Pickle"

1 Then Jesus drove his point home by saying, "I'm not just talking about the distant future. Some of you who are standing here are going to see the kingdom of God arrive in full force." 2 Six days later, three of them did see it.

Jesus took Peter, James, and John and led them up a high mountain to pray. Once they were up there and praying, Jesus' appearance changed from the inside out, right before their eyes. 3 His clothes shimmered, glistening white, whiter than any bleach could make them. 4 Elijah, along with Moses, came into view, and were in deep conversation with Jesus. 5 But then Peter interrupted, "Rabbi, this is a great moment! Let's make it last forever. We can build three places to live - one for you, one for Moses, one for Elijah." 6 Peter blurted this out without thinking, stunned as they all were by what they were seeing. 7 Immediately, a cloud filled with light enveloped them, and from deep in the cloud came a voice: "This is my Son, marked by my love. Listen to him." 8 The next minute the disciples were looking around, rubbing their eyes, seeing nothing but Jesus, only Jesus.

### NOTES:

- ◆ If you think about a light bulb, you know it is made to light up. You also know that it cannot light up on its own -- it needs a source of energy to make it light up.
- ◆ The same thing holds true for us -- we are made to shine with God's glory. But we cannot shine with God's glory on our own. We need to "plug into" God.
- ◆ Jesus lights up because he's "plugging-in" to God. And when he does, then he can see things that he normally wouldn't see.
- ◆ When we shine with God's glory, we can see things about ourselves and others that on our own we cannot see (just like Jesus, Peter, James and John could see Elijah and Moses).